

Registration Form



Register by phone:

803.798.8800

or

Mail form to:

Southeastern Institute
Attn: Lindsay Ott
1420 Colonial Life Blvd. W
Ste 80
Columbia, SC 29210

Name _____

Street Address _____

City _____ State _____ Zip _____

Email _____

Home phone _____

Cell phone _____

Workshops & Cost

Save \$20

Register by February 26th or
Bring a friend and receive \$20 off

Save \$50

Student discount (no CE provided)

- March 25th 6:00pm-9:00pm
Massage Ethics: Navigating the Waters
\$49 (free when registered for any class this weekend)
- March 26th 9:30am-5:30pm
Where It Is It Ain't: Successfully Treating Lower Back Pain
\$139
- March 27th-28th 9:30am-5:30pm
21 Deep Tissue Techniques to Enliven Your Practice
\$275

Payment

Registrations for workshops are taken on a first come, first-serve basis. You may register with full payment—OR— a minimum of 50%. The remaining is due 14 days before the start of the workshop. You may cancel your registration up until 7 days prior to the workshop and receive a full refund of any monies paid less a \$25 processing fee. Any cancellation received less than 7 days prior to workshop will not receive refund or credit. Imassage, Inc. holds the right to cancel a workshop. Because of such cancellation any payments to imassage will be reimbursed in full.

Check or Money Order payable to: Southeastern Institute

Credit Card MasterCard Visa American Express

Account # _____

3 digit or 4 digit CVN on back of Card: _____

Name on Card _____

Authorized signature _____

Billing address (If Different than Above):

Workshop Information



MESSAGE ETHICS: NAVIGATING THE WATERS (3 CE HOURS)

Thursday, March 25, 2010

6:00pm-9:00pm

\$49 (Free if registered for any of the following classes)

This highly interactive workshop openly explores ethical issues that massage therapists routinely face in their professional and personal lives. Through a dynamic mix of lectures, discussions, small group exercises, and self assessments, students will explore an array of topics, including:

- maintaining client safety, confidentiality, and satisfaction
- managing communication skills
- establishing and communicating boundaries
- navigating transference and counter transference
- incorporating self-care and strategies to avoid burnout



WHERE IT IS IT AIN'T: SUCCESSFULLY TREATING LOWER BACK PAIN (7 CE HOURS)

Friday, March 26, 2010

9:30am-5:30pm

\$139

Experts estimate that as many as 80% of the population will experience a back problem at some time in our lives. This class will focus on the many competing forces that pull on the pelvis and how they contribute to lower back pain. Students will learn:

- how interconnected fascial planes create back pain
- to recognize an anterior/posterior pelvic tilt
- the relationship between facilitated and inhibited musculature
- Deep Tissue techniques for the Quadratus Lumborum, Iliopsoas, Rectus Femoris, Plantar fascia and the Hamstrings



21 DEEP TISSUE TECHNIQUES TO ENLIVEN YOUR PRACTICE (14 CE HOURS)

Saturday, March 27- Sunday, March 28, 2010

9:30am-5:30pm

\$275

A dynamic package of new techniques your client's will love! This hands-on workshop teaches therapists a variety of myofascial release, trigger point, and joint mobilization techniques to all regions of the body. These can be immediately integrated into a massage practice. Students will learn:

- fresh approaches for addressing common complaints; addressing the fascial system safely and effectively
- how adjusting key variables improves therapeutic results
- body mechanics to optimize pressure levels while avoiding injury
- creative methods to save the therapist's wrists and thumbs from overuse

About the instructor



ERIC STEPHENSON, LMBT, NCTMB

As Director of Education for imassage, Inc., Eric creates continuing education focused on career longevity for massage schools, spas and professional organizations nationwide. He is a former lead instructor of the Body Therapy Institute in Silk Hope, NC and The Lexington Healing Arts Academy in Lexington, KY, helping in the design of the hands-on massage curriculum. He has completed The Spirit of Learning®, a 90-hour massage educator-training program.

His presentations have included the American Massage Therapy National Convention, The International Spa Association Conference, The World Massage Conference and AMTA state conventions. Eric is a regular contributor to Massage Magazine.

Workshop Location

Southeastern Institute
1420 Colonial Life Blvd. W, Ste 80
Columbia, South Carolina 29210
803.778.8900
www.southeasterninstitute.com

What to bring

Please bring a pen, clean set of linens, bolster, hand towels and lubricant for each day of class. We will need one table for every two students. We will discuss this with you during the registration process.

Workshop guidelines

Payment and Refund Policy

Registrations for workshops are taken on a first-come, first-serve basis. You may register with a full payment – OR – a minimum 50% deposit. The remaining amount is due 14 days prior to the workshop. You may cancel your registration up until seven days prior and receive a full refund of any monies paid, less a \$25 processing fee. Any cancellations received less than 7 days prior to the workshop will not be refunded or credited.

Draping Policy

The Board of Massage and Bodywork denotes that nudity is not permitted in a classroom environment; breast and genital areas shall remain draped while hands-on work is being performed.

Personal Attire and Care

Wear loose fitting clothing and avoid using heavily scented soaps and perfumes. Wear comfortable shoes providing good support. Ensure fingernails are trimmed.

Completion Requirements

To qualify for a completion certificate students must attend the workshop in its entirety and fulfill the stated learning objectives as assessed by the instructor. To receive credit for any missed hours, a separate tutorial can be arranged with the instructor. The fee for this personalized training is \$60 per hour and will be held in the hometown of the instructor. Your certificate of completion is provided immediately after class completion.

Non-Discrimination Policy

imassage, Inc. does not discriminate based on race, gender, marital status, health status, age, sexual orientation, religion or national origin.

Special Needs

If you have special needs which need to be accommodated, please contact imassage as soon as possible at (859) 338-4418 or info@imassageinc.com

Discounts

Only one discount may be applied for each registrant

Save \$20

Bring a friend or co-worker and you each save \$20 off your total

Save \$50

Although no CE hours are provided, current massage school students may attend these courses

Registration

By phone: Call Southeastern Institute at 803.798.8800, ask for Lindsay Ott

By e-mail: E-mail completed registration form to: lott@southeasterninstitute.com

By mail: Complete registration form and mail to address on registration form